

ACTIVITY REPORT

Superacció 2023



SUPERACCIÓ
SUMANDO HUELLAS

MEMORIA DE ACTIVIDADES

AÑO 2023

Denominación de la asociación

Asociación Superacció

HOW THE DIFFERENT SERVICES, CENTRES OR FUNCTIONS INTO WHICH THE ASSOCIATION'S ACTIVITY IS DIVERSIFIED ARE ORGANISED.

The Association has two lines of work

SOCIAL INSERTION OF MINORS AND YOUNG PEOPLE AT RISK OF SOCIAL EXCLUSION THROUGH SPORT AS A CORE TOOL.

EXPRESSIVE TRAINING FOR PERSONAL DEVELOPMENT.

On the one hand, the aim is to promote the social insertion of people at risk of social exclusion, with special emphasis on children and young people, through sport and body work; and on the other hand, to promote training for personal development through self-knowledge, using the body and expressive languages as the main tools.

Sport, plastic and body expression are our core tools because they allow us to help minors and young people channel their energy, work on self-improvement, acquire commitments, face fears, foster cultural exchange, challenge their own limits and thus recognise what they are capable of achieving. In the case of triathlon, by combining three sports (swimming, cycling and athletics), it requires effort in disciplines in which one is skilled as well as in those in which one is less so.

Within the social insertion projects we work in heterogeneous groups of both boys and girls between 12 and 35 years of age, where age, gender or sporting ability are not taken into account. In this way we encourage cooperation and teamwork so that the more advanced participants can help the younger ones. In terms of gender, boys predominate because they are still the ones who migrate alone more frequently, although there are increasingly more girls. The entity seeks to reserve between 2 and 5% of places for girls, which more or less corresponds to the percentage of girls who migrate alone.

The social insertion programmes represent 80% of our effort and time. The remaining 20% is dedicated to the Integrative Body Work Programme.

We consider it important to point out that the activities of our social insertion programmes have different durations throughout the year: a first group runs from September to June, a second group during the summer months, and a third group throughout the whole year with continuous attention, in the case of the youth reception centre, 24 hours a day and 365 days a year, in addition to activities that we carry out on a punctual basis. The activities of the Postgraduate Programme in Integrative Body Work run from January until June of the following year.

The triathlon sessions have a subsidised price of between €35 and €40 per month. For young people, registration is free of charge as long as they do not have financial resources (which is the case in most situations).



THE ENTITIES THAT REFER CASES TO THE SOCIAL INSERTION PROGRAMMES

YOUTH REFERRAL CENTRES

PUBLIC HEALTH AGENCY	APC'S EDUCADORS DE CARRER	CAN LLUPIÀ JUVENILE JUSTICE EDUCATIONAL CENTRE	CASAL DELS INFANTS
CAN MIRALPEIX RECEPTION CENTRE	MAS PINS RECEPTION CENTRE	MARIA FEIXA CENTRE	CRUÏLLA SALESIAN CENTRE
SOCIAL SERVICES CENTRES OF POBLENOU	CEPAIM	L'ALZINA EDUCATIONAL CENTRE	CRAE JOAN TORRAS
CRAE LLEDONERS	CRAE TONI JULIÀ	CREI CASTANYERS	ORC DEPARTMENT OF THE MOSSOS D'ESQUADRA
ST ANDREU DISTRICT	FEEB / CEEB	HOSPITAL CLÍNIC	IES BESÒS
IES PAU CLARIS	SOCIAL INTEGRATION SERVICES – BARCELONA CITY COUNCIL	SOCIAL INTEGRATION SERVICE (SDI) – BARCELONA CITY COUNCIL	MONTORNÈS DEL VALLÈS CITY COUNCIL

DESCRIPTION OF THE ACTIVITIES CARRIED OUT AND THE SERVICES PROVIDED DURING THE YEAR.

SOCIAL INSERTION PROGRAMMES

In 2023, the different activities carried out included the triathlon programmes, the Espai Superacció day centre, the 24-hour reception centre for young people in situations of homelessness Llar d'Oportunitats, and an apartment for young adults over 18 years of age with 4 places located in Granollers. In addition, a socio-labour accompaniment service was provided to young people with low professional qualifications at the Montornès del Vallès Town Council, and activities in the Canary Islands were continued. During 2023, sports and social activities continued on the land we have in Figuerola del Camp, in the province of Tarragona, where activities with young people in nature are planned to be developed.

The activities carried out were as follows: 10 groups were run: 2 Triathlon groups during the school year, 2 summer groups and 6 special groups. In the case of the 2 triathlon groups, the summer group and the special groups: Quatre Camins i Joves, Montornès del Vallès Town Council and Canary Islands, this represented a total of 440 boys and girls attended, approximately 1,813 hours of attention per year, distributed into 1,598 hours of sessions and approximately 245 hours of management, personalised support, participation in complementary activities, training courses and 10 hours of sports competition. In the case of the 24-hour Youth Reception Centre, 57 young people were attended and comprehensive care of 8,760 hours was provided between January and December.

TRIATHLON PROGRAMMES DURING THE SCHOOL YEAR

SUPERACCIÓ TRIATHLON GROUPS FOR INSERTION (VARIOUS REFERRALS AND INDIVIDUAL REGISTRATIONS)

In these groups we mainly attend young extra-community immigrants who have been referred from different youth centres, inclusion and training spaces, NGOs working with newly arrived young people, social services, among others. The group carried out its activities every Saturday during the school year from 8:00 a.m. to 11:00 a.m.

TRIATHLON FOR INSERTION OF THE SHARED SCHOOLING UNIT (UEC) MARTÍ CODOLAR.

Programme in collaboration with Salesians Sant Jordi, who included us in their UEC programme (Shared Schooling Unit), where young people who have been expelled from secondary schools have another opportunity to obtain the ESO qualification. Superacció becomes the compulsory sports activity subject. This activity was carried out every Friday during the school year from 9:00 a.m. to 1:30 p.m. at the facilities of the CEM Mar Bella.

TRIATHLON PROGRAMMES DURING THE SUMMER

INTENSIVE SUMMER TRIATHLON ACTIVITY

An intensive summer activity programme with a sporting and educational vocation, with triathlon as the core activity, complemented by a series of methods and techniques such as body expression, yoga or dance.

It was carried out at the Mar Bella Sports Complex and had a duration of five weeks distributed as follows:

From 26 June to 28 July, from Monday to Friday, from 9:00 a.m. to 3:00 p.m. (lunch included). Activity accredited by the Barcelona City Council.

AUGUST CAMPS

During two weeks, different sports activities were carried out in Figuerola del Camp, Tarragona. Young people from the city who do not have holidays were given the opportunity to enjoy quality leisure time. From Monday 7 to Friday 11 and from Monday 14 to Friday 18 August.





SPECIAL GROUPS

PSYCHOMOTOR STIMULATION AT QUATRE CAMINS I JOVES.

This group was carried out in the DAE Module of the Quatre Camins Penitentiary Centre, where three weekly activities were conducted (every Monday from 9:00 a.m. to 2:00 p.m.) and at the Youth Penitentiary Centre on Fridays from 3:00 p.m. to 6:00 p.m. The first activity was a psychomotor and cultural stimulation workshop among inmates of the Quatre Camins DAE, students from the University of Barcelona and volunteers. The second consisted of a total of 15 conferences with specialists, with a dual intention: on the one hand, to offer content of interest to the inmates, and on the other, to generate links with the outside world in order to create spaces for dialogue and relationships that serve to generate constructive socialisation. Students from the University of Barcelona and volunteers also participated in these conferences. Finally, the third activity promoted the completion of administrative procedures and training so that volunteers could acquire the appropriate tools to provide support to inmates with intellectual and developmental disabilities.

GROUPS FROM MONTORNÈS DEL VALLÈS

During the months of February, March, April, May, June and July, a skills training programme was carried out within the employment promotion project, where workshops were delivered, on the one hand, on key competencies and social skills related to sports practice, communication and group cohesion, and on the other hand, on technical and professional skills in cycle-messaging and bicycle repair, horticulture and maintenance. During the months of September, October, November and December, we coordinated the brigade of multi-sport monitors within the framework of the IDIQ project at the Montornès del Vallès Town Council.

ESPAI SUPERACCIÓ.

This is the day centre project, operating from Monday to Thursday from 9:00 a.m. to 5:00 p.m. and on Fridays from 9:00 a.m. to 3:00 p.m. Motor skills workshops are carried out with five weekly sessions of two hours each on Mondays, Wednesdays and Fridays from 9:00 a.m. to 11:00 a.m., and on Tuesdays and Thursdays from 11:30 a.m. to 1:30 p.m. Among the actions carried out are sports activities, capoeira, yoga, among others; intellectual activities such as oral and written communication workshops, radio workshops, mathematics and family economics; and affective activities involving group work, reflection, personal care and percussion. All activities take place at the La Mar Bella Municipal Sports Complex, the Centre Carrer Andrade and the Júpiter Municipal Sports Centre.



24-HOUR YOUTH RECEPTION CENTRE

This centre serves young people between 18 and 23 years of age who were in situations of homelessness. The centre was created as a result of the public health emergency caused by Covid-19 in Catalonia and Spain. The project aims to support this vulnerable group in our community through various sports, physical and expressive tools that are part of Superacció's methodology and working model. This activity is carried out with the support of the Municipal Institute of Social Services of Barcelona. The activities were carried out at the Llar d'Oportunitats Centre, located at 60 Sales i Ferré Street, Barcelona, with continuous 24-hour care.

CANARY ISLANDS PROJECTS

In 2022, the Espai Tagoror project was launched in San Cristóbal de La Laguna, Tenerife, where 20 young people were attended during the year. In the other projects developed in the Canary Islands, 120 young people were attended, for a total of 140 young people.

In 2023, youth participation in the project increased and the following sports activities were carried out:

- Half marathon in Ciudad de La Laguna (April 2023): the boys ran 5 km.
- Victor Teni Open Water Crossing (May 2023): the young people swam a total of 1,200 m and 150 m.

In addition to participating in activities such as:

- Artistic creativity workshop at IES La Laboral (May 2023): celebration of Africa Day.
- Work experience with the Cooking School "Se te va la olla" (May 2023): at the Africa Day event.

DOMO PROJECT IN FIGUEROLA DEL CAMP.

During 2023, various sports and social activities were carried out in Figuerola del Camp, in the province of Tarragona.

Weekly meetings of young people from the different labour insertion projects. A meeting of the different social insertion projects to share experiences and carry out psychosocial activities.

PARTICIPATION IN SPORTS ACTIVITIES

This is a central activity of our educational proposal, as it is a good resource so that young people who are more involved throughout the year can have their reward. As sports performance is not an objective of Superacció, we only participate in competitions where registrations are granted to us and, therefore, places are usually limited.

In **2023**, young people participated in the following activities:

- **Marnaton Ibiza (October):** 10 boys participated in the open-water race.
- **Marnaton Mar Bella (September):** 8 boys participated in the open-water race.
- **BURRIAC ATAC (September):** 5 boys participated in the night race.
- **CN Badalona (July):** 7 boys participated in the open-water race.
- **4Cims (July):** 7 boys participated in the cycling race.
- **Marnaton Sant Feliu de Guíxols (July):** 15 boys participated in the open-water race.
- **Transpyr Coast to Coast (June):** 6 boys participated in the cycling race.
- **Transpirenaica (March):** 13 boys participated in the race.
- **Volunteering activities.**
- **In the Three Kings parade on January 5,** 10 young people participated as volunteers, supporting street control together with the entity Global Attentive.
- **At the CN Badalona open-water race,** 6 young people participated in the organisation of the event.
- **At the Transpyr Coast to Coast,** 5 young people participated in the organisation of the event.
- **At the Marnaton Mar Bella and Sant Feliu de Guíxols events,** 6 and 7 boys respectively participated in the organisation of the events.
- **At the Transpirenaica,** 8 boys participated in the assembly and organisation of the event.

YOUTH VOLUNTEERING ACTIVITIES

- In the **Three Kings parade** on January 5, 10 young people participated as volunteers, supporting street control together with the entity Global Attentive.
- **Transpyr Coast to Coast:** in this activity, a group of 15 young people participated as volunteers in the organisation of the event on June 12.
- **4 CIMS x BUFF:** the boys participated as volunteers in the 4 CIMS event on July 10, organised by Buff.
- On July 23, a group of young people participated as volunteers in the **72nd Badalona Swimming Crossing.**
- At the **BURRIAC ATAC race**, 7 young people supported the assembly process on September 12.
- **Marnaton:** a group of young people were volunteers at the Marnaton activities in Barcelona on September 30.



COMPLEMENTARY ACTIVITIES

- Young people from Superacció attended the **Alt! Rumors workshop** led by actress Mai Sina.
- Different young people from Superacció centres participated in the **Mossos d'Esquadra** Christmas Party in 2023.
- Young people from Superacció travelled to **Cartagena** to hold a meeting with the association **La Huertecica**.
- Superacció was present at the **YouSports Kick-Off Event** held in Anglet, France, from June 12 to 16. The meeting, in which more than 100 people from all over Europe participated, aimed, among other aspects, to bring together entities, clubs, associations and people in general related to the world of social sport.
- Young people from Superacció were able to enjoy a musical experience thanks to Primavera Sound and the **Primavera Sound Foundation**.
- Superacció carried out a solidarity trip to **Diogo, Senegal**. Various vital infrastructures were built and different socio-sport activities were carried out.





POSTGRADUATE PROGRAMME IN INTEGRATIVE BODY WORK

In 2023, the 22nd edition of the Postgraduate Programme in Integrative Body Work linked to INEFC (National Institute of Physical Education of Catalonia) was completed.

This programme has a duration of 18 months. It began in January 2022 and ended in June 2023. In 2023, the workshops corresponding to the postgraduate programme were carried out between January and June (6 weekends). The 21 students from 2022 were maintained. All 21 completed the postgraduate programme.

Initially, one person from Superacció received a scholarship, but upon leaving the entity, the student assumed the cost of the training. There are three people who pay 50% of the training cost as a scholarship (from INEFC and Superacció). The dates and contents were as follows:

STUDENT LIST

GLORIA ANTÓN BUSOMS	YAIZA BLANCH RUANO	SÍLVIA BOADA GARCÍA
PATRICIA CANO MARTÍN	ROSA MARÍA CAPARRÓS NAVARRO	RAMÓN COLL RASO
PAQUI DORADO GRILLO	GONZALO GIL MORENO DE MORA	MARÍA IGLESIAS CAÑUETO
CLARA LINARES IGLESIAS	JOAN MAS MARTÍN	ALMUDENA MOLINA FERNÁNDEZ
NEREA MONTMANY CABELLO	SERGI MÚÑIZ MARTÍNEZ	ALBERT PERICHE VERDIELL
GEMMA RIBAS HERNANDEZ	JULIETA RODRIGUEZ RIBEIRO	LUCÍA SÁNCHEZ PÁEZ
CONCEPCIÓ SELVAS HUMET	GEMMA TEJEDOR PAPELL	DAVID VALLDOSERA PIULACHS

OBSERVERS / ASSISTANTS

MARÍA DURÁN BASALLOTE

FRANCISCO JAVIER CASTRO RUIZ

THE DATES AND CONTENTS CARRIED OUT IN 2023 ARE

14 JANUARY	ESP. 2 / DISABILITIES - JANNICK NIORT	INEFC
15 JANUARY	ESP. 2/ OLDER PEOPLE - ESTER BACH	PUNT DE TROBADA
11 12 FEBRUARY	USE AND HANDLING OF MUSIC- CAROL V	PUNT DE TROBADA
10 MARCH	PREPARATION CLASS	PUNT DE TROBADA
11 12 MARCH	GESTALT / GROUP DYNAMICS - RICARD B	PUNT DE TROBADA
15 16 APRIL	CLOWN - ALAIN VIGNEAU	PUNT DE TROBADA
13 14 MAY	WRITING, BODY AND CREATIVITY - OMAR GULCHIN	PUNT DE TROBADA
9 10 11 JUNE	AIR AND CLOSING - LUIS CARBAJAL	LA PLANA FOUNDATION

In June, at the final meeting held in residential format at La Plana, the corresponding certificates were awarded to all students.

Also during 2023, the body work classes continued to be offered. They take place on Thursdays from 10:30 a.m. to 12:00 p.m. and from 7:00 p.m. to 8:30 p.m.

This space is free of charge for students and former students, as well as for Superacció staff.

QUANTIFICATION OF THE RESULTS OBTAINED THROUGH THE IMPLEMENTATION OF THESE ACTIVITIES

NUMBER OF DIRECT AND INDIRECT BENEFICIARIES **TOTAL NUMBER OF BOYS/GIRLS SERVED: 440**

1	SCHOOL YEAR PROGRAM (SEPTEMBER TO JUNE)	107 BOYS AND GIRLS
2	INTENSIVE SUMMER TRIATHLON PROGRAM	40 BOYS AND GIRLS
3	AUGUST SUMMER CAMPS	40 BOYS AND GIRLS
4	QUATRE CAMINS PENITENTIARY CENTER	32 BOYS
5	24-HOUR YOUTH RECEPTION CENTER	57 BOYS
6	MONTORNÈS DEL VALLÈS PROJECT	24 BOYS AND GIRLS
7	CANARY ISLES PROJECTS	104 BOYS AND GIRLS

TOTAL NUMBER OF TRAINING EXPERIENCES GENERATED

GIRLS 2 %

BOYS 98 %

NUMBER OF SPORTS RACES AND COMPETITIONS

NUMBER OF PARTICIPANTS IN RACES

48 PARTICIPANTES

DEGREE OR LEVEL OF EFFECTIVE FULFILMENT OF THE STATUTORY PURPOSES

Fortunately, during 2023 all our activities were carried out normally, which has allowed us to respond to one of our statutory purposes, namely attending to all the requests made to us, provided that they met the conditions established by the association in situations of social exclusion.

Based on our objective regarding the reception of children and young people at risk of exclusion, and after analysing the results of our participant monitoring system within the programmes of the 2023 school year and the annual activities, through evaluations and personalised tutoring, we consider that young people were well received in our entity, as demonstrated by their attendance, participation and motivation during the activities. In this year, we reached a high percentage of acquisition and fulfilment of the commitment to attend the course from the moment of registration, in 97% of cases, which demonstrates the achievement of one of the main objectives of our statutory purposes, since participation in our activities is voluntary and no one is obliged to attend.

In the case of the intensive July activity and the August camps, participation is promoted by the referring entities or parents/legal guardians. Nevertheless, the possibility of carrying out an outdoor activity under optimal conditions in the midst of a situation such as the pandemic that year generated active and positive participation in 98% of cases.

In the 24-hour youth reception centre, the young people were in situations of homelessness and their inclusion in the resource was voluntary; however, once inside, active participation was observed in most cases because sports practice represents a motivation and reward for what they do within the activities, as well as an incentive to study and live better. After the development of the sessions, through group evaluations, attitudinal changes were observed in young people in their relationships with peers and educators in 88% of cases.

To achieve one of our statutory purposes of promoting the social insertion of young people at risk of social exclusion, our actions not only included the activities mentioned above, but also other actions such as the creation of jobs and volunteering opportunities with other entities available in the area. During 2023, various activities were carried out to promote social insertion, which represented a new opportunity for young people, and the result was that in 96% of cases, the activity was completed in full and received a very positive evaluation from coordinators in terms of responsibility, commitment and self-esteem. In addition, during 2023, individual tutoring sessions were carried out with all the young people who participated in the social insertion programmes and the 24-hour youth reception centre by the reference educators, and insertion support was provided, including CV improvement, work on job search tools and channels, and professional guidance.



Throughout 2023, other courses were carried out, including body expression activities, affective/emotional leisure activities; young people participated in seven sports races and three nature-based activities such as the Transpirenaica Social Solidarity, the Transpyr and 4 CIMS. All these activities serve as reinforcement spaces for their social insertion, as they share experiences with young people from other sectors of society. Individual and collective quarterly evaluations reflected that all participating young people enjoyed the activities and highlighted the change generated in them when facing situations of peer relationships.

We are aware that there was an immediate impact of the work: boys and girls saw improvements in their self-esteem, sense of belonging to a group, discipline and responsibility, and felt more capable of achieving things. On the other hand, there is another, deeper impact on their lives, which is neither as immediate nor as visible, as work is carried out to create a turning point in their lives, a vital and educational transformation that is transferred to their environment and their families, and that provides them with tools to face their future in the best possible way.

With regard to the statutory purpose related to promoting training for personal development through self-knowledge, using the body and expressive languages as the main tools, we can state that, once the course was completed and the work carried out was reviewed with the entire team, the objectives set were achieved at a rate of 94%. Both tutors and teaching staff agree on the good participation of the different students, as well as on mutual learning, despite the fact that two of the twelve meetings planned for the year had to be cancelled.

During 2023, a meeting for the exchange of experiences was held with the participation of students. This space was rated 9.5/10, as this was the average score of the individual evaluations of our participants. The evaluation criteria for this activity were:

- Coexistence and relationship between young people and students.
- Theoretical and practical knowledge acquired by the students.
- Acquisition of a higher degree of awareness of groups at risk of social exclusion.
- Evaluation of the exercises and methodologies carried out.

We confirm that the relationship between the students and the young people has been beneficial for both parties.

TOTAL NUMBER OF BENEFICIARIES OR USERS OF THE ACTIVITIES OR SERVICES PROVIDED BY THE ENTITY, TYPE AND DEGREE OF ATTENTION THEY RECEIVE, AND REQUIREMENTS OR CIRCUMSTANCES THEY MUST MEET TO QUALIFY FOR THIS CONDITION.

The number of beneficiaries during 2023 was 440 young people from the Social Insertion Programmes (school year, summer and special programmes) and 21 students from the Integrative Body Work Programme (TCI).

When referring to the groups within the social insertion programmes, we distinguish two types of intervention: collective and individual. In the first, sport is used as a core tool for detecting the needs of each young person and also as a strategy for transforming the difficulties observed, previously analysed at the individual level.

In the second type of intervention (individual), we used the initial interview, individual tutoring sessions and team meetings, involving educators and psychologists, to decide on the most appropriate strategy or method of intervention in each case.

Regarding the degree of attention, close monitoring was carried out, and depending on each case, different emphasis was placed based on:

- The development of mechanisms to generate self-esteem, self-confidence and improve motivation.
- The young person's relationship with their environment.
- The insertion of the young person into the labour market, education or volunteering.

With regard to the activities of the August camps, a more dynamic approach was used, as the hours of collective intervention through sport became part of the entire day and, consequently, were less focused on in-depth work on the participants' needs.

The requirements that we, as an association, ask our beneficiaries to meet are to be between 12 and 35 years of age and to meet one of the following criteria:

- Belonging to a situation of risk of social exclusion due to different reasons such as family breakdown, cases of marginalisation due to school bullying, school failure, family abuse, mental health issues, etc.
- Belonging to a socially excluded group: undocumented immigration, newly arrived immigrants with socioeconomic difficulties, refugees, care leavers, etc.

Even so, we attend to any young person who asks us for help regardless of their origin, age, gender, sporting ability or economic resources.

With regard to the TCI line, the type of intervention offered to students is a closed training programme in terms of both teaching hours and practical training. In addition, the degree of attention continues to be both collective and individual: collective during class hours and individual through personalised tutoring.



PERSONAL RESOURCES AVAILABLE TO THE ENTITY, WITH INDICATION, WHERE APPLICABLE, OF THE STAFF WORKFORCE, NUMBER OF VOLUNTEERS AND THE WAY VOLUNTEERING IS CARRIED OUT, MANAGERIAL OR REPRESENTATIVE STAFF OF THE ENTITY, ETC. THE NAME AND SURNAMES OF THE PEOPLE WHO CONSTITUTE THE PERSONAL RESOURCES OF THE ASSOCIATION MUST ALSO BE STATED.

HERE WE DEFINE THE PEOPLE INVOLVED IN THE PROJECT AND THEIR TASKS WITHIN THE ASSOCIATION

BOARD OF DIRECTORS

PRESIDENT AND EDUCATOR	ZOUHAIR ZAMMOURI OCHEN	Founder of the initiative and President of the Association. At Superacció, he combines his two passions: social education and triathlon. He serves as a sports educator.
SECRETARY AND PSYCHOLOGIST	ARTURO ACEVEDO GARCÍA	Psychologist (specialized in childhood) and Vice President of the Association. He provides support to the team thanks to his extensive experience in childhood and education, and organizes arts and crafts activities with the young participants to help improve their self-esteem.
TREASURER AND TRAINER	LUIS ALBERTO CARBAJAL PÉREZ	Treasurer of Superacció, as well as coordinator and trainer of the Association's Postgraduate Program in Integrative Body Work. He also participates as a body expression trainer.

THE NUMBER OF EMPLOYEES OF THE ENTITY IN THE YEAR 2023 WAS 38 EMPLOYEES

1	AARON	GAMERO
2	ABDELHALIM	BENMAATALLAH
3	ABDELILAH	EL MADDI
4	ALICIA	BELMONTE
5	AROA	SANCHO
6	AZZOUZ	BACHROURI
7	CARLA	ARIAS
8	CARLOS	LUENGO
9	DIEGO IGNACIO	ALVARADO
10	EDGAR	VALLES
11	HABIBA	AOULAD
12	HELENA	LLONCH
13	JAUME	MERCADAL
14	JAVIER	CASADO
15	JAVIER	VERDE

16	JOSE LUIS	MARTÍNEZ
17	JOSÉ MANUEL	DUEÑAS
18	JUDITH	EXPÓSITO
19	KHALIL	ABARA
20	LUCÍA	MEZZADRI
21	MARIA	SANS
22	MERCÈ	ARROYO
23	MIREIA	ESCOBAR
24	MOHAMED	HELJAM
25	MOHAMED	KABORRI
26	MÒNICA	ARELLANO
27	NAIARA	MORENO
28	ÓSCAR	LÓPEZ
29	RAÚL	ESTEBAN
30	SAID	SERROUKH
31	SALEH YOUNG	HASSAN

32	SMAIL	HELJAM
33	SONIA	BETANCORT
34	SULEIMAN	BEN EL FASSI
35	TAMARA	DÍAZ
36	YAMINA	OCHEN
37	YASSINE	BENAYAD
38	ZOUHAIR	ZAMMOURI

VOLUNTEERS

Pedro Garcia Aguado: Ambassador of the Association. He helps us give visibility to the project, collaborating in sports sessions, strengthening presence on social media.

Roberto Heras: Ambassador of the Association, participates in actions and outings related to cycling.

Marcel Zamora: Ambassador of the Association, participates in actions and outings related to running.

Francesc Godoy: Ambassador of the Association, participates in actions and outings related to triathlon.

David Campà: Founder of Marnatón. He is the swimming instructor who opens the doors to both educators and Superacció participants to improve their technique.

Saleh Young: He is an international judoka and supported us by carrying out judo activities with young participants.

Pep Devesa: Gestalt therapist and TCI teacher, participates in body expression activities with young people.

Baltasar Gómez Martínez: Specialist in economic and family management issues and provides support in accompanying young people in different administrative processes.

Mònica Bertran: Specialist in oral and written communication and supports young people in improving social skills and document writing.

Gloria Mora: Professional photographer, provides support in photography workshops for young people and carries out the graphic record of the activities and events carried out by the association.

Isabel Galofré: Expert in community and sustainable gardens and supports the horticulture workshops carried out within the entity.

Carlos González: Expert in computer and internet knowledge, also with training in Gestalt and Integrative Bodywork.



AGREEMENTS

- **Fundació Claror:** Agreement for the assignment of sports facilities at CEM Marítim and CEM Can Caralleu and participation of volunteers in sports events.
- **Fundació CEEB, Consell per a l'Esport Escolar:** Agreement to include us, within the umbrella of entities of the Council, to provide us with a space within their offices, and the assignment of the sports facilities of CEM Marbella. The assignment of sports facilities is also provided at CEM La Mar Bella and participation of volunteers in sports events.
- **RACC:** Agreement for collaboration with financing through the points program in the educational-sports project Triathlon Programs for Inclusion.
- **Mossos d'esquadra:** Agreement for the assignment of all confiscated and unclaimed bicycles in the city of Barcelona for the Training-Employment project of the Superacció bicycle workshop.

- **Club Natació Barcelona:** Agreement for the assignment of use of the swimming pool.
- **Agreement with Fundació DIR:** For the implementation of a Sports Technician training program for our participants.
- **Agreement with Marnatón,** a swimming school and sports event organizing company, which opens its doors to both educators and participants to improve swimming technique within its activity hours. At the same time, it invites us to free participation in the sports events it organizes, and to fundraising, allocating €1 from each registration to Superacció.
- **Agreement with the Association Crear Comú** for the implementation of a sports, expression and communication camp for boys and girls referred by the Social Services of Tarragona.
- **Agreement with Ramon Solé** for the implementation of work experiences for our participants.
- **Agreement with Colònies El Pinatar** for the implementation of work experiences for our participants and the use of the space to develop quarterly meetings.
- An unwritten collaboration is established with **Probike**, a well-known shop in the world of mountain biking, which grants Superacció a fixed space for carrying out the bicycle mechanics courses that we organize. As well as the assignment of tools, and the use and recycling of old parts and bicycles.
- **Educational cooperation agreement with the University of Barcelona (UB)** for the implementation of external academic internships for students at our entity.
- **Agreement with Bakery Folks, S.L.** for the implementation of work experiences for our participants.
- **Agreement with Suara Serveis** for the implementation of work experiences for our participants.
- **Agreement with the Escola Superior de Música de Catalunya (ESMUC)** for the implementation of music therapy internships for students at our entity.
- **Agreement with Fundació Solidaritat UB** to promote the Spanish Service for the Internationalization of Education (SEPIE).

- **Agreement with European Special Ladders, S.A.** to offer a training space and application of the knowledge acquired by young people from the projects of the Superacció Association.
- **Agreement with Cataforesis del Vallès, S.L.U** to promote a place where young people can develop various skills within the industrial field.
- **Agreement with Green Line Gardens S.L.** to offer theoretical and practical learning in gardening tasks for young people from the projects of the Superacció Association.
- **Agreement with Global Attentive S.L.** to offer a space in the project Obrim Carrers Sants
- **Montjuïc for young people** from the projects of the Superacció Association so that they can develop social and communication skills.
- **Agreement with Be-One Palau Del Mar S.L.**, to generate notions of general cooking, preparation and reception of orders and storage, with learning on how food is preserved and cleaning, for young people from the projects of the Superacció Association so that they can obtain tools to develop activities in the hospitality sector.
- **Agreement with General West Service S.A** (ESIRO Barcelona) to offer dental treatments for young people from the projects of the Superacció Association so that they can achieve optimal oral health.
- **Agreement with Lles esquí i natura**, S.L. to offer internships in activities for young people from the projects of the Superacció Association so that they can develop and integrate the young participants of Superacció.
- **Agreement with Club Esportiu Green Urban Games.**
- **Agreement with Antigua i Barbuda Construcció i Efectes S.L.**, for the implementation of body expression workshops.
- **Agreement with TOP 30 S.L. CLIMBAT La Foixarda** for the use of its facilities.
- **Agreement with Magatzem Balears** for the generation of training experiences.
- **Agreement with MTbcn Manteniment Industrial SL** for the generation of training experiences.
- **Agreement with Sermi Serveis Auxiliars** for the generation of training experiences.
- **Agreement with Gràcia Gimnàstic Club** for the generation of training experiences.

MATERIAL RESOURCES AND ASSETS AVAILABLE TO THE ENTITY, WITH SPECIAL REFERENCE TO PUBLIC SUBSIDIES AND THEIR APPLICATION

With regard to the acquisition of material goods acquired through public and private subsidies, the association has the following list:

Material: Extensive fleet of bicycles. 29 second-hand bicycles acquired at low cost from Institut Vall d'Hebron. More than 45 bicycles pending repair in our bicycle workshop, assigned by the Mossos d'esquadra (bicycles that have been confiscated and have not been claimed within a period of 2 years). 1 desktop computer assigned by Social Welfare to be made available to our participants (for academic reinforcement, CV creation, job search, etc.). 2 laptops to carry out the organizational and coordination tasks of the entity.

Assignment of an office and a space to carry out the bicycle repair workshop and a warehouse, at the La Mar Bella Sports Center of the Consell de l'Esport Escolar de Barcelona (CEEBS), which supports our association. Acquisition of 10 second-hand desktop computers refurbished by the entity Solidança Treball E.I, SL.



SUBSIDIES AND CONTRACTS RECEIVED

- **The Barcelona City Council**, through the Municipal Institute of Social Services, granted us a subsidy of €20,000.00 for the development of the project “Espai Superacció Centre Obert”.
- **The CaixaBank-Companies** office granted us a contribution of €5,000.00, in order to subsidize the summer camp for young people, both from the association and outside, who could not afford the economic cost.
- **The CaixaBank- Acció Social** office of the **Canary Islands Territorial Network** granted us a contribution of €4,500.00, in order to subsidize the Teide Retreats.
- **The Institut Barcelona Esport** approved €4,181.00 for the development of extracurricular activities.
- **The Generalitat de Catalunya**, through the Department of Justice, approved a subsidy of €15,597.46 for the project Sport as a tool for the social inclusion of inmates in third degree or released on parole.
- **The City Council of Montornès del Vallès** approved the service contract of €14,849.60 for training in competencies of the Employment Promotion project.
- **The City Council of Montornès del Vallès** approved the service contract for the coordination of the brigade of multisport monitors within the framework of the IDIQ project for €16,484.16.
- **Barcelona Cicle de l'Aigua S.A.** approved the minor contract of €10,080.00 for the development of the project of Intercultural Dynamization and social inclusion at the Forum Baths.
- **The Municipal Institute of Social Services of Barcelona** requested the organization and management of the 24-hour Youth Reception Center with an annual contribution of €1,330,317.26

REMUNERATION RECEIVED IN THE LAST TWO YEARS BY THE MEMBERS OF THE GOVERNING BODY FOR THE PROVISION OF SERVICES OTHER THAN THE FUNCTIONS CORRESPONDING TO THEM BY VIRTUE OF THEIR POSITION, SPECIFYING THE NATURE OF THE CONSIDERATION PROVIDED AND THE FUNDS CHARGED

Of the members of the governing body, only Zouhair Zammouri Ochen, who is the president, received remuneration for 40 hours/week, which derives exclusively from the contribution as an educator. The position of President is not remunerated.

NUMBER OF MEMBERS, NATURAL OR LEGAL PERSONS, THAT MAKE UP THE ASSOCIATION

The natural persons that make up the Association are 3: Zouhair Zammouri Ochen, Arturo Acevedo García and Luis Alberto Carbajal Pérez.



Sr. Zouhair Zammouri Ochen

President



Sr. Arturo Acevedo García

Secretary



Sr. Luis Alberto Carbajal Pérez

Treasurer

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